

# Rugby High School Track & Field Results

## NORTH CENTRAL REGION

### Rugby, ND – Saturday, May 19, 2018

#### 100 Meter Dash

Kristina Brossart - 12.85 - 1st place - **SQ**  
Brooke Senger - 14.67  
Anna Clements - 14.74  
Hannah Follman - DQ - False Start

#### 200 Meter Dash

Kristina Brossart - 26.88 - 1st place - **SQ**  
Anni Stier - 27.32 - 3rd place - **SQ**  
Emily Mattern - 28.70  
Brooke Senger - 29.90  
Maisie Gault - 33.82

#### 400 Meter Dash

Anni Stier - 1:00.91 - 1st place - **SQ, MR**  
Tristin Lunde - 1:05.78 - 6th place  
Mikaylee Livedalen - 1:09.02  
Hanna Follman - 1:12.41  
Janikka Miller - 1:14.81

#### 800 Meter Run

Tristin Lunde - 2:35.84 - 5th place  
Mykell Heidlebaugh - 2:41.52  
Joran Jundt - 2:47.43  
Dessa Denich - 2:58.60  
Braelynn Oppen - 3:16.43

#### 1600 Meter Run

Mykell Heidlebaugh - 6:00.11 - 8th place  
Karsyn Hager - 6:04.10  
Ellie Duchscherer - 6:09.05  
Amber Schmaltz - 6:11.74  
Rylie Suchor - 6:18.28

#### 3200 Meter Run

Karsyn Hager - 12:45.76 - 1st place - **SQ**  
Ellie Duchscherer - 13:32.36 - 4th place  
Kendyl Hager - 13:46.97 - 5th place  
Rylie Suchor - 13:49.56 - 6th place  
Amber Schmaltz - 14:36.94 - 7th place

#### 100 Meter Hurdles

Maria Blessum - 16.59 - 1st place - **SQ**  
Emily Salwey - 18.63 - 6th place  
Bella McCabe - 19.04 - 7th place  
Anna Clements - 19.63  
Peyton Hauck - 20.62

#### 300 Meter Hurdles

Maria Blessum - 47.74 - 1st place - **SQ, MR**  
Annie Stier - 47.78 - 2nd place - **SQ**  
Anna Clements - 55.97  
Peyton Hauck - 56.05  
Bella McCabe - 56.35

#### Long Jump

Sara Stier - 16'6½" - 2nd place - **SQ**  
Brooke Blessum - 16'6" - 3rd place - **SQ**  
Kelly Swanson - 15'8" - 5th place  
Peyton Hauck - 15'1" - 7th place  
Annie Risovi - 12'4½"

#### Triple Jump

Brooke Blessum - 34'4¾" - 1st place - **SQ**  
Sara Stier - 34'½" - 2nd place - **SQ**  
Kelly Swanson - 31'4" - 5th place  
Annie Risovi - 28'4¾"  
Lauren Casavant - 27'5½"

#### High Jump

Brooke Blessum - 4'11" - 1st place - **SQ**  
Sara Stier - 4'5" - 4th place  
Karsyn Hager - 4'3" - 8th place  
Emily Salwey - 4'3"  
Peyton Hauck - 3'11"

#### Pole Vault

Maria Blessum - 11'3" - 1st place - **SQ, MR**  
Brooke Blessum - 9'0" - 2nd place - **SQ**  
Kelly Swanson - 7'6" - 3rd place - **SQ**  
Anna Clements - 7'6" - 4th place  
Joey Wolf - No Height

#### Shot Put

Maddie Uhlenkamp - 36'6" - 1st place - **SQ**  
Jacoby Glasser - 32'2" - 4th place  
Whitney Gronvold - 30'11"  
Angela Kuhnhenh - 28'3"  
Lauren Voeller - 25'4"

#### Discus

Maddie Uhlenkamp - 119'9" - 1st place - **SQ**  
Jacoby Glasser - 83'0"  
Whitney Gronvold - 81'11"  
Tessa Sobolik - 75'5"  
Lexi Vetsch - 65'7"

#### Javelin

Maddie Uhlenkamp - 105'0" - 4th place  
Whitney Gronvold - 88'11" - 6th place  
Tessa Sobolik - 73'10"  
Jacoby Glasser - 67'2"  
Lauren Voeller - 60'11"

#### 4 x 100 Meter Relay

Brooke Senger(14.56)  
Emily Mattern(13.14)  
Sara Stier(13.96)  
Kristina Brossart(12.82)  
DQ - Out of exchange 3 to 4

#### 4 x 200 Meter Relay

Hannah Follman(29.45)  
Emily Mattern(27.80)  
Kelly Swanson(29.77)  
Kristina Brossart(27.55)  
1:54.57 - 3rd place - **SQ**

#### 4 x 400 Meter Relay

Tristin Lunde(1:05.09)  
Emily Mattern(1:04.25)  
Maria Blessum(1:02.46)  
Anni Stier(1:00.50)  
4:12.30 - 1st place - **SQ, MR**

#### 4 x 800 Meter Relay

Ellie Duchscherer(2:36.15)  
Karsyn Hager(2:40.30)  
Mykell Heidlebaugh(2:37.20)  
Tristin Lunde(2:32.90)  
10:26.55 - 2nd place - **SQ**

#### GIRLS TEAM SCORES

1. Rugby - 245
2. Harvey/Wells County - 140
3. Velve/Drake-Anamoose - 53
4. New Rockford-Sheyenne - 52
5. Benson County - 50½
6. Northern Lights - 42
7. North Star - 41
8. Bottineau - 38
9. Glenburn - 29
10. Rolette/Wolford - 28
11. Dunseith - 7½
12. Warwick - 4

#### **Senior Athlete of the Year**

Sara Stier, Rugby

#### **Coach of the Year**

Bill Jansen, Rugby